

October Newsletter

Port Colborne OEYC will be closed on Monday, October 14. Happy Thanksgiving!



Infant Interactive Programs, Pre-registration Appreciated

Programs are Mondays from 1:30 - 3:30
October 7, 21 & 28 - Infant Massage

Keys to get some zzz's - Sleep Tips for Parents with Toddlers and Preschoolers

This is a free parenting class with children over 18 months of age.

The parenting class will introduce the importance of sleep routines, provide practical tips to ensure your child is sleeping well and address concerns you may have with your child's sleep routine.

This session will be offered on Tuesday, October 8 from 9:30-11:00. Please register by visiting

http://www.niagararegion.ca/living/health_wellness/parenting/classes/keys-to-zzss.aspx

or by calling Parent Talk Line at 906-688-8248 ext. 7555

Learning through Art

Please join us Friday mornings with a local artist. We are pleased to offer these sessions to support children's natural interest in exploring art mediums.

The children are invited to help create a collaborative piece of art which will be donated to the Port Cares Auction.



Positive Parenting Program (Triple P) Seminar Series

Triple P Seminar Two: Raising Confident Successful Children - Tuesday, October 16, 1:30-3:00

There will be limited child care available.

Please register by calling Parent Talk Line at 905-688-8248 ext. 7555 or visit:

http://www.niagararegion.ca/living/health_wellness/parenting/triplep/register-seminar.aspx



Healthy and Active at the YMCA

Please join us on Wednesday mornings at the

YMCA of Niagara Port Colborne Branch from 11:00 am until 12:00 pm.

A portion of the gymnasium will be reserved for our Early Years Program, where we will play, connect with the community and have fun.



Preschool Adventure

This is an interactive program designed for parents/caregivers and preschoolers. Children will explore a variety of materials, play together in a group, practice skills that encourages independence and having fun.

Please speak with us and register for these sessions happening every Thursdays from 9:30 - 11:30.



Kids in the Kitchen

Please join us on Tuesday, October 22 when your children will have a chance to prepare and sample a healthy snack.

Just Dad & I

Saturday, October 19 9 - 12

This is a program for dads / grandpas / uncles and their children (boys and girls) to enjoy breakfast, explore, build and create. Pre-registration is required.

Extended Hours

Thursday, October 17 and 24

Please join us as we begin our extended hours Thursdays until 7:00 pm
There will not be extended hours on Halloween.