

## October 2013

**CLOSED** – Monday, October 14 for Thanksgiving Day

**You will notice, especially in the area of art, that our available supplies encourage thinking skills and provide your child with the opportunity to practice and develop finger control and co-ordination that they need for printing and writing. Follow your child's lead and enjoy!**



### Gross Motor Activities

West Lincoln is fortunate to have gross motor activities available to the families each day. Children can practice riding bikes, climbing, balancing and active play. These activities are in addition to our Fit Fridays when we participate in activities such as parachute play and active games.

### Tuesday Afternoon Interactive Infant Programs

Preregistration required, for children from 0 - 12 months.

October 1, 8- Music and Movement

October 15, 22- Baby & Me

October 29, November 5, 12- Love My Baby

Love My Baby is a program for parents with their babies during their first year of life. The three week program encourages parents to interact with their babies in ways that promote secure attachment, communication and brain development. This program combines hands-on activities, parent reflection and discussion. The core messages within the program include "making the connection" with love, language and learning.



### Trust me. Trust my tummy. Parent Workshop

Thursday Oct 17 at 10:00am

Is your child a picky eater? Does his/her appetite change from day to day? Are mealtimes sometimes (or always) a struggle? **Trust me. Trust my tummy.** parent workshop can help.



### Pumpkin Patch Trip to Bry-Anne Farms, Fonthill

**When: Wednesday, Oct 23 at 10:10 am**      **Cost per child: \$6.50 – Adults are free!**

Join us for approximately 1½ hours at the Great Pumpkin Patch, **rain or shine** so please dress for the weather. The children will participate in a skit about pumpkins, travel through a corn and straw maze, ride a tractor out into the field, pick their own pumpkin and enjoy a yummy snack! Pre-registration is required for the trip along with payment. Parents/caregivers are asked to meet at the farm. The West Lincoln OEYC Satellite Site will remain open.

### Early Years Literary Award

Cast your vote for the Regional Chair Early Years Niagara Literary award. Please read through the books with your child and fill out a ballot to vote for your favorite book. Voting takes place from September 9-Nov 15, 2013.



### Positive Parenting Program (Triple P)

Courses available for parents with young children (2 - 12 years) & parents with teenagers (12 - 16 years).

To register call the Parent Talk Information Line: 905-688-8248 or 1-888-505-6074 x7555 or go to:

[http://www.niagararegion.ca/living/health\\_wellness/parenting/triplep/group-sessions.aspx](http://www.niagararegion.ca/living/health_wellness/parenting/triplep/group-sessions.aspx)

### Breast Feeding Consultation

To arrange for an appointment for breast feeding support call the Parent Talk Line at 905-688-8248 or 1-888-505-6074 ext. 7555 OR click the link to Public Health Breastfeeding Workshop (schedule of dates and locations):

[http://www.niagararegion.ca/living/health\\_wellness/breastfeeding/breastfeeding-workshops.aspx](http://www.niagararegion.ca/living/health_wellness/breastfeeding/breastfeeding-workshops.aspx).

Then you can click [Register Online](#) and that will take you to a registration form.

### Developmental Preschool Screen

Developmental Preschool Screen (DPS) is a tool that will enable us to screen children in our program and ensure that we are meeting their developmental needs. Please speak to a staff if you are interested in having your child screened.

Screening takes approximately 15 minutes to complete.